

SERMON OUTLINE  
July 22, 2018  
Pastor John R. Koczman

## **A BREAK IN THE ACTION**

### **MARK 6:30-34**

INTRODUCTION: We need balance!

VIDEO: "Refuel"

WORK FROM REST, NOT TO REST

God created us with a need for rest  
What charges your batteries?

THE NEEDY CROWD

You serve best when rested.  
Who is your leader?

INTERIOR SOLITUDE

How do you react when you are tired?  
Being tired can lead to trouble.

CONCLUSION: Balance comes from worship and refreshment